





Phineas Parkhurst Quimby

2009 Programs

WINTER 2009

Jan 11	<p>“THE MASTER HEALER”</p> <p>The biographies of Jesus report numerous cases of the restoration of health and harmony. How did he do it? Can we do it too?</p> 1302
Jan 18	<p>“YES, WE CAN”</p> <p>You've heard the affirmation. Our question is: What is the spiritual change we can believe in? Here's what Jesus' teachings suggest we can do to really improve any situation.</p> 1303
Jan 25	<p>“THE NEW TESTAMENT”</p> <p>Ever wondered where these books came from and why they were considered scriptures? Come and hear today's presenter TONY VANDER VLIET explain it all.</p> 1304
Feb 1	<p>“THE GREAT PRAYER”</p> <p>One of our deepest needs is our personal relationship with the Higher Intelligence that makes the Universe and ourselves possible. Let's look at what Jesus taught on this subject.</p> 1305



Calgary Life Enrichment Centre

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[2004 Programs](#)

[2005 Programs](#)

[2006 Programs](#)

[2007 Programs](#)

[2008 Programs](#)

[2009 Programs](#)

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[Dec. '09 weekly sched.](#)

[Fall '09 Course](#)



It's all happening
at the beautiful, historic

**FAIRMONT
PALLISER HOTEL**

<p>Feb 8</p>	<p>“WHAT THE WORLD NEEDS NOW” How we all long for a new world of peace, justice & prosperity! Jesus showed the way to achieve it through his instruction on love. Yes, Valentine's is here to stay... 1306</p>
<p>Feb 15</p>	<p>“THE ORIGINAL GOSPEL” Most folks do not realize that the oldest document on the sayings of Jesus never made it into our Bible. This morning we discover the message of the Gospel of Thomas. 1307</p>
<p>Feb 22</p>	<p>“BECOMING THE CHRIST” There were followers of Jesus who believed that we all have the potential to embody the divinity that was in Jesus. Open your mind to the sublime ideas of the Gospel of Philip. 1308</p>
<p>March 1</p>	<p>“STAGES OF AWAKENING” The encounters between Jesus and the seekers he meets can be seen as symbolic of our own journey into greater understanding of the purpose of our lives. 1309</p>
<p>March 8</p>	<p>“USE YOUR INNER POWER” It is not enough to learn about our spiritual potential - we need to apply it to start making a difference. (Set your clocks ahead one hour this Saturday Night March 7th). 1310</p>
<p>SPRING 2009</p>	
<p>March 15</p>	<p>“THE PROMISE OF SPRING” Wouldn't it be nice if we could renew our lives just like Nature all around us is about to do? Jesus taught what it takes to bring about the brand new results. 1311</p>



133 - 9th Avenue S. W.,
downtown Calgary, Alberta

**SUNDAY
MORNINGS AT ELEVEN**

This friendly invitation is extended to you with love from the Calgary

**LIFE
ENRICHMENT
CENTRE**








Dr. Herman J. Aaftink
 Founder - Director
 and Presenter

*Sharing Inspiration and
 Encouragement with
 Calgarians for over
 Forty Years.*



WE DEEPLY
 APPRECIATE ALL our
 wonderful volunteers and
 contributors who make this
 vital service to our
 community possible. They
 represent the finest and
 best in the human spirit.



<p>Mar. 22</p>	<p>“WHEN LIFE IS WORTH LIVING” A study of events in Jesus' life clearly conveys a practical 5 - step program to remove the barriers on our quest for happiness and restore primal wholeness. 1312</p>
<p>Mar. 29</p>	<p>“YOUR TWELVE POWERS” We become aware of amazing human potential when we understand the archetypes of Jesus' 12 disciples, which are alive within our own psyche. A fascinating mystery unveiled... 1313</p>
<p>April 5</p>	<p>“REAL EMPOWERMENT” Palm Sunday & Holy Week symbolize how, in times of incredible challenge, we are given the inner strength to see things through and not be defeated. 1314</p>
<p>April 12</p>	<p>“OUR JOURNEY NEVER ENDS” Easter is the glorious celebration of immortality. Now is the time to explore the meaning of transition and how our lives do continue into the next dimension always onward, upward & forward. 1315</p>
<p>April 19</p>	<p>“THE SECOND COMING” Is it true, as some Christians believe, that Jesus will return here in person to end history? This morning we consider a new alternative view, more in keeping with the evidence of reality... 1316</p>
<p>April 26</p>	<p>“GOOD NEWS - EMERGING” In the first century people first heard the true stories about Jesus Christ by word of mouth. Then comes the creation of the Gospels & the Book of Acts of the Apostles. How all this happened, and what emerges today, is explained by our presenter Tony Van Der Vliet. 1317</p>
<p>May 3</p>	<p>“THE FOUNDATION FOR EFFECTIVE LIVING” This morning Herman shares the message of his first metaphysical presentation in Calgary, which took place 40 years ago on 4 May 1969. 1318</p>








One thing to remember:
 Our Centre is an oasis for philosophical reflection and rapid personal growth. To make it work for you, attend each Sunday.












~Center Coordinators~






- Thomas Enyedvary
AUDIO
- Denise Galambos
BOOK STORE
- Garda McCracken
BOOKKEEPING
- Pat Alfke
SPIRITUAL HEALING GROUP
- Hanna Hess
MUSIC
- Ron Hughes
PUBLICITY
- Tony Vander Vliet
BOOK DISCUSSION GROUP

<p>May 10</p>	<p>“THE GOSPEL OF MARY MAGDALENE”</p> <p>Mother's Day at our Centre honors all women with the uplifting ideas of one of Jesus' closest associates & a great leader in the original Christian community.</p> 1319
<p>May 17</p>	<p>“MANAGING YOUR OWN LIFE”</p> <p>Victoria Day salutes a historical empire. Each of us has an inner empire, a territory of thought & emotion over which we alone have jurisdiction & sovereignty. How shall we rule it?</p> 1320
<p>May 24</p>	<p>“THE NOBLE PATH”</p> <p>Buddha's birthday represents an opportunity to discover a way to transcend an existence that never satisfies. There is a noble truth that points to a meaningful, productive experience of life, here & now.</p> 1321
<p>May 31</p>	<p>“HOW TO MEDITATE”</p> <p>Scientific studies show that meditation is an effective method to reduce anxiety, distress & depression. It also increases focus & attention and promotes peace of mind.</p> 1322
<p>June 7</p>	<p>“FOLLOW YOUR DREAM”</p> <p>One way to address the negative influence of recession & pessimism is to invent a new vision of prosperity & define your own dream of success.</p> 1323



SUMMER 2009









<p>June 14</p>	<p>“WHAT ONE PERSON CAN DO”</p> <p>The dynamic teachings of ERVIN SEALE, born 100 years ago. Icon of New Thought & known as a specialist in wisdom. This morning's talk includes Herman's own personal reminiscences.</p> 1324
<p>June 21</p>	<p>“WHAT DO MEN WANT?”</p> <p>Father's Day is a great opportunity to express appreciation to Dads & to reflect on the nature of close relationships & how to improve them: what works & what never does. Bring a dad!.</p> 1325


<p>June 28</p>	<p>“WHAT IS A CANADIAN?” Canada Day inspires us to renew our commitment to the noble values of our grand Nation, strong and free. Today's talk contains the recognition of outstanding Canadians. 1326</p>
<p>July 5</p>	<p>“JESUS, THE MAN” Christians have believed him to be both human and divine. Today we ask: How did the Man discover his teachings? Our presenter TONY VANDER VLIET delves into sources old & new, including the Dead Sea scrolls. 1327</p>
<p>July 12</p>	<p>“MOMENTS OF ECSTASY” At Stampede time we all feel a special sense of excitement & enthusiasm. Is it possible to feel turned on by Life all the time? And can we expect unique peak experiences? 1328</p>
<p>July 19</p>	<p>“IN THE WORLD - YET NOT OF IT” We often hear the question : "How do I protect myself a against negative suggestions that come to me from the media & pessimists all around me?". This morning we'll find the answers. Bring a friend. Or two. 1329</p>
<p>July 26</p>	<p>“WHAT IS MIND?” On Carl Jung's birthday we discover what the brilliant psychologist revealed about our own inner nature & how we interact with God and the forces of the Universe. 1330</p>
<p>Aug. 2</p>	<p>“LOOK BACK ALSO” Alberta Heritage Day is a celebration of the magnificent glorious success story of the pioneers & homesteaders who settled the Canadian West. What did it take? What does it take now to create the good life? 1331</p>
<p>Aug. 9</p>	<p>“CHRIST IN YOU” The New Testament teachings of St. Paul, the Apostle, show how we can be transformed by the spiritual renewal of our minds and find fulfillment of Soul. (by request). 1332</p>

<p>Aug. 16</p>	<p>“UNCONDITIONAL HAPPINESS” Are you happy? Always? Usually? Sometimes? Never? does being happy require that all our desires are fulfilled? Our presenter HANNA HESS explores how we can actually choose happiness, at any time. 1333</p>
<p>Aug. 23</p>	<p>“BUILDING SELF-ESTEEM” People who accomplish great things always believe in themselves. So where do we start developing confidence & a mature sense of self-worth? Today's talk has good ideas for everyone. 1334</p>
<p>Aug. 30</p>	<p>“OPENING INNER TREASURES” How our lives are enriched by sharing dreams, visions, mystical experiences & intuitions is explained by our presenter DOROTHY HOSKIN. 1335</p>
<p>Sept. 6</p>	<p>“WHY WORK?” Labor Day conveys the deeply felt sentiment that our lives are meant to be creative & productive at any age. Here's the strategy that moves us forward on that path of personal success. 1336</p>
<p>Sept. 13</p>	<p>“SCIENCE & SPIRITUALITY NOW” Just returned from his studies at Cambridge University in the U.K. our presenter RON WATKINS shows how science supports our spiritual progress today. 1337</p>


AUTUMN 2009


<p>Sept. 20</p>	<p>“WHY WE LOVE AUTUMN - WHAT MATTERS MOST” The new Fall Season promises wonderful creative potential for everyone. These two talks aim to help making it really work for you. 1338</p>
<p>Sept. 27</p>	<p>“WHY WE LOVE AUTUMN - THIS GET YOU GOING” The new Fall Season promises wonderful creative potential for everyone. These two talks aim to help making it really work for you. 1339</p>


<p>Oct. 4</p>	<p>“EXISTENCE DIVINE” Join TONY VANDER VLIET in exploring his new life philosophy that is inclusive and robust, opening different perspectives and meaning to our daily lives and the world we live in. 1340</p>
<p>Oct. 11</p>	<p>“PLANITARY THANKSGIVING” Today we assume the attitude of gratitude for the past, the present and the future, the earth, nature, everything, because it is all a gift. 1341</p>
<p>Oct. 18</p>	<p>“DARK NIGHT OF THE SOUL” Has it happened to you that you doubt everything you have ever believed in? the foundations shake. The Sun also rises. 1342</p>
<p>Oct. 25</p>	<p>“UNMASKING HALLOWEEN” Hidden behind the fun and frolic of veil and pretense lies a new realm of empowering verities. 1343</p>
<p>Nov. 1</p>	<p>“THE MAKING OF A SAINT” On All Saints Day we consider the proposal that we may be able to master the 4 stages of enlightenment (time change : fall back 1 hour). 1344</p>
<p>Nov. 8</p>	<p>“NEVER AGAIN” Remembrance Day urges us to renew our efforts to end conflict in the world and within ourselves. 1345</p>
<p>Nov. 15</p>	<p>“ORIGINS - IN THE BEGINING” Are Where does the Universe come from ? How can life evolve ? What created you and me ? And why ? Two talks on the ultimate mysteries: 1346</p>
<p>Nov. 22</p>	<p>“ORIGINS - ONCE UPON A SHALE” Are Where does the Universe come from ? How can life evolve ? What created you and me ? And why ? Two talks on the ultimate mysteries: 1347</p>


<p>Nov. 29</p>	<p>“THE GAME OF LIFE” How On Grey Cup Sunday we're coached to see that thought is our football and mind the field of opportunity for touchdowns of achievement. 1348</p>
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DECEMBER 2009

<p>Dec. 6</p>	<p>“WHERE IS THE MESSIAH?” Christmas is a celebration of the coming of the Savior 2000 years ago. But we need someone who can solve the world's problems today. Where do we look to find this Redeemer? 1349</p>
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<p>Dec. 13</p>	<p>“THE WONDER CHILD” The Prophet Isaiah wrote that people who walked in darkness have seen a great light. Here's how you and I can find the mystic enlightenment in our own soul. 1350</p>
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<p>Dec. 20</p>	<p>“THE SPIRITUAL MEANING OF CHRISTMAS” Beyond the historical & cultural significance of Christmas there lies a hidden, deeper meaning that reveals something sublime and innately divine about each of us. Feel the thrill of our annual classic interpretation. 1351</p>
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<p>Dec. 27</p>	<p>“LET GO AND LET GOD” What better time than now to leave behind what is no longer meant to be part of our lives and to allow the Higher Power to guide us into a wonderful future. 1352</p>
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Audio cassette recordings of the above programs may be ordered by telephone (403) 278-1217, or write:

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 Suite #1003, 2127 - 90 Ave. S.W., Calgary, Alberta, Canada, T2V OX6

[HOME](#) | [BACK](#)

