

# Calgary Life Enrichment Centre presents a new course

## ARCHITECTS OF MODERN THOUGHT

This is the compelling story of the original discovery and meaning of  
META-PHYSICS & MYSTICISM, applied to everyday life in our time.

- When:** Five Wednesday Evenings, Oct. 22, 29, Nov. 5,12 & 19 '08  
**Time:** Starting at 7:30 p.m., ending around 10:00p.m.  
**Where:** Fairmont Palliser Hotel, 133 - 9 Avenue S.W. Downtown Calgary  
**Who:** Participation by pre-registration only. Please use the form below  
**Presenter:** Dr. Herman Aaftink, director of our Centre & author of  
"BRAND NEW ME - The Art of Authentic Living"  
**Format:** Introductory talk, followed by discussion in a relaxed atmosphere.

Come for the  
Sheer love of  
Wisdom .. to  
guide you and  
to give you  
Peace...

### Course Outline:

- Oct. 22** **SOCRATES** - who advises : THINK FOR YOURSELF, "The unexamined life is not worth living". Free yourself from conforming to dictates of an organization or person. Tonight we pursue the seven ways of claiming our individual liberty—the adventurous path of curiosity & questioning.
- Oct. 29** **PLATO** - who teaches that everything & everyone is the expression of an IDEA: "Mind is ever the ruler of the universe." Tonight we trace the BIRTH OF META-PHYSICS: we all live in two worlds (at the same time) governed by one fundamental principle. We too are creators & can always choose a better idea. What love has to do with it. An amazing insight into reality.
- Nov. 5** **ARISTOTLE** - who suggests happiness is fulfilling your potential : "Nature does nothing uselessly." Right conduct comes from walking the middle road of moderation. Tonight we'll see that intelligent activity is rooted in UNIVERSAL INTELLIGENCE : The Unmoved Mover, the first scientifically based concept of God. It moves all creation, including ourselves by just being there. Question: How do we respond?
- Nov. 12** **MARCUS AURELIUS** - who writes about the impossible dream : How to remain undisturbed when faced with disappointment & upsetting situations over which we seem to have no control. "People try to get away from it all." Tonight we open our minds to THE ART OF COPING, the first complete SELF-HELP set of instructions to overcome worry, anxiety & depression.
- Nov. 19** **PLOTINUS** - who addresses the challenge of finding meaning in life when so often it doesn't make sense. Security & contentment come from becoming ONE WITH THE INFINITE, the Universal Source. Tonight we explore how we can move beyond belief to actually experience "the Infinite, who shines out as from the depth of the soul." A journey into authentic spirituality, like that of the Buddha & Jesus.

### REGISTRATION FORM

Please enroll me in the Fall '08 Course on Architects of Modern Thought.  
My contribution of \$100.00 to Life Enrichment Centre is attached.

Name: .....

Address: .....

Telephone No's: .....

Leave this form with your cheque at our book department or mail to:

**Life Enrichment Centre**  
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Calgary, AB T2V 0X6

Please Note: if you are taking this Course by Correspondence & audio cassette tape, Check here: