

WINTER 2012

Join us in our affirmation of a fulfilling, spiritually based life and a positive perspective for a better world.



It's all here now, with help from
The Wisdom of the Ages

and it's happening at the beautiful, historic Fairmont
PALLISER HOTEL
133 - 9th Avenue S.W., downtown Calgary, Alberta
SUNDAY MORNINGS AT ELEVEN

This friendly invitation is extended to you with love from the Calgary

LIFE ENRICHMENT CENTRE

Dr. Herman J. Aaftink

Founder - Director and Presenter

*Sharing Inspiration and Encouragement
with Calgarians for over Forty - Two Years.*

Centre Coordinators

Thomas Enyedvary
AUDIO

Denise Galambos
BOOK STORE

Hanna Hess
MUSIC

Garda McCracken
BOOKKEEPING

Pat Alfke Wright
SPIRITUAL HEALING GROUP

Ron Hughes
PUBLICITY

Tony Vander Vliet - ADJUNCT LECTURER

CENTRE INFORMATION

- **CALGARY LIFE ENRICHMENT CENTRE** is an activity of **QUIMBY FOUNDATION**, a registered Canadian Charitable, Non profit organization, supported solely through responsible, voluntary sharing. Your donations earn valuable income tax credits. Please identify by using envelopes provided. Thank you for your generosity and for caring.
- **OUR "METAPHYSICS" ESSAY** and Herman's book "**BRAND NEW ME**" provide detailed information about our philosophy.
- **WE DEEPLY APPRECIATE ALL** our wonderful volunteers and contributors who make this vital service to our community possible. They represent the finest and best in the human spirit.
- **OFFICE AND MAILING ADDRESS:** 1003, 2127 - 90th Avenue S.W.
Calgary, Alberta T2V 0X6
Telephone: (403) 278-1217
INTERNET:
· Our home page address
<http://www.ppquimby.com/calg/calg.htm>
· Tony Vander Vliet Website:
www.TonysThoughtShoppe.com

Our beautiful Website has links to the World's most comprehensive resource on the vital wellness message of Phineas Parkhurst Quimby (1802-1866)

Webmaster: Dr. Ron Hughes, Sanford, Michigan.

Our Mission:

This Centre is affiliated with the International New Thought Alliance. We are dedicated to the Spiritual Enlightenment and Transformation of the Individual and the World.

WINTER 2012

Herman speaks each Sunday except Feb. 5

Jan. 8 "THE PROMISE OF 2012"
The Mayan Calendar and other prophecies seem to indicate that we are headed for significant changes in 2012. Lets explore the possibilities and likely outcome...
..... 1456

Jan. 15 "TRUE HAPPINESS"
Can the wish for a Happy New Year come true? Jesus apparently thought so. Interestingly, he made the results dependent on our own actions: there is a program we need to carry out. This morning we find out what it is...
..... 1457

Jan. 22 "THE YEAR OF THE DRAGON"
Insights of the I Ching, Lao Tzu and Chuang Tzu teach self-respect, individual strength and determination.
..... 1458

Jan. 29 "THE EUREKA MOMENT"
When we are in touch with our inner guidance, we know at the right instant that something is really right for us.
..... 1459

Feb. 5 "DEEP NARRATIVE I"
We trace the Old Testament narrative of the early Hebrews from Persian exile back to Abram's days, relating this to the events as we know them now. Speaker is TONY VANDER VLIET.
..... 1460

Feb. 12 "IF ONLY WE COULD"
If only we could love enough we would be the happiest and most powerful beings in the world - according to Emmet Fox. Sounds awesome. Question: What exactly is love?
..... 1461

WINTER 2012

Herman speaks each Sunday


Feb. 19 "THE ART OF CONTENTMENT"
How frustrations, annoyances and anger will be reduced by applying the seasoned wisdom of Epictetus and his Stoic friends.
..... 1462

Join our fascinating Winter 2012 Course: **THE MEANING OF HISTORY** Great Lives, Great Events, Great Ideas, Great Insights

Five unusual Wednesday Evenings at the Palliser, starting February 22
To enroll, see separate Course Program

Feb. 26 "THE POSITIVE OUTLOOK"
The kindest thing we can do for ourselves and in our world, is to let go of negative thinking and embrace the positive attitude.
..... 1463

Mar. 4 "THE GREAT PARTNERSHIP"
This morning we take a closer look at the nature of the Higher Power in the Universe and how we relate to it.
..... 1464

Mar. 11 "ATTRACTING GOOD LUCK"
Misfortune is often blamed on bad luck. So, what can we do to bring more GOOD LUCK to ourselves and others ?
Set clocks ahead one hour  1465

Mar. 18 "EQUINOX RENEWAL"
The coming of Spring offers the grand opportunity for sowing the seeds of desirable new experiences.
..... 1466